



OCTOBER 2024

FACULTY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 0
 Three Cheese Tortellini & Sausage
 Italian Bread
 Roasted Squash Medley
 Gluten Free Penne ala Vodka

7
 Gyro Bar
 Lamb/Chicken/Tofu
 Feta/Olives/Tzatziki
 Lettuce/Tomato/Onion Falafel
 Roasted Mediterranean Vegetables

1 4
School Holiday
 Closed

2 1
Be Well Apple Day
 Smothered Pork Chops
 Apple Onion Gravy
 Rosemary Butternut Squash
 Redskin Mashed Potatoes
 Toasted Sage Eggplant

2 8
 Pizza Bar
 An Assortment of Chef's Special Pizza's of the Day

1
World Vegetarian Day
 Pesto Caprese Panini
 Pierogi's
 Garlicky Spinach

8
 Stuffed Peppers
 Cornbread
 Green Beans
 Vegetarian Stuffed Peppers

1 5
 Philly Cheese Steak Sandwich
 Potato Wedges
 Roasted Cauliflower
 Vegetarian Chicken Philly

2 2
 Grilled Rubeen's
 Curly Fries
 Braised Collard Greens
 Sourdough Grilled Cheese

2 9
 Burger Bar
 French Fries
 Steamed Broccoli
 Veggie Burgers

2
 Smoked Rotisserie Chicken
 Three Cheese Mac'
 Bacon Balsamic Brussels
 Vegetarian Chicken Breast

9
 Smoked Turkey Breast
 Rosemary Gravy
 Sweet Potato Casserole
 Butternut Squash
 Quinoa Pilaf

1 6
Dessert Day
 Jambalaya
 Red Beans & Rice
 Okra
 Vegetarian 3 Bean Jambalaya
 Special Fall Dessert

2 3
 Hot Dogs & Bratwurst
 All the Fixin's
 Tater Tots
 Vegetarian Sausages

3 0
 Chicken Curry
 Steamed Basmati Rice
 Toasted Naan Bread
 Turmeric Green Beans
 Curried Tofu

3
 Teriyaki Chicken
 Lo Mein Noodles
 Gingered Snow Peas
 Vegetable Egg Roll
 Teriyaki Tofu

1 0
 Ropa Vieja
 Spanish Rice
 Plantains
 Avocado Salad

1 7
 Grilled Italian Subs
 French Fries
 Broccoli with Garlic
 Grilled 3 Cheese Sandwich

2 4
 Scrambled Eggs
 French Toast Sticks
 Sausage Links
 Baked Apples
 Oatmeal

3 1
 Mushroom Ravioli
 Alfredo/ Marinara
 Garlic Bread
 Broccoli with Citrus

4
Taco Day
 Garlic Shrimp / Beef Tacos
 Mexican Rice
 Tri Color Corn
 Fajita Vegetable Tacos

1 1
Pulled Pork Day
 House Smoked Pulled Pork
 Buttermilk Biscuits
 Honey Glazed Baby Carrots
 BBQ Tofu Steak

1 8
So Good Sweet Potato Day
 Baked Potato & Sweet Potato Bar
 Chili/Cheese/Green Onions/
 Sour Cream/Bacon

2 5
 Mediterranean Chicken Breast
 Israeli Cous Cous
 Sundried Tomato Spinach
 Mediterranean Vegetarian Chicken Breast

Always Offered Daily Vegetarian Options and Chef's Soup of the Day