

August/September 2026



Try our highlighted options to “Be Well”. These items are Trans-Fat free, contain minimal added sodium, and are minimally processed

Lower School Student Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUGUST 31 No School Highlighted in Blue – BeWell	SEPTEMBER 1 Taco Chicken with Soft Shell Rice with Tomato & Cilantro Roasted Tofu Chipotle Broccoli & Carrots	SEPTEMBER 2 Beef Lasagna Vegetable Lasagna Sauteed Kale & Spinach Garlic Bread Choc Chip Cookie	SEPTEMBER 3 Chicken Tenders Mac N Cheese Italian Cauliflower Lemon Garlic Green Beans	SEPTEMBER 4 Cheese PizzaDay Cheese Pizza on Naan Pepperoni Pizza Roasted Carrots Chopped Salad Choc Ice Cream Cups
SEPTEMBER 7 Labor Day No School	SEPTEMBER 8 BBQ Pork Sandwich Roasted Red Potatoes Chipotle Corn Salad Vegetarian Baked Beans	SEPTEMBER 9 Jerk Chicken Thigh Brown Rice Pilaf Baked Jerk Tofu Green Beans Rice Krispy Treat	SEPTEMBER 10 Field ArtDay Baked Potato Bar Sweet Potato Chili Beef with Beans Bacon Bits/Cheese Steamed Broccoli Cuts TRY A SALAD	SEPTEMBER 11 Cod Fish Sticks Vegan Nuggets Crispy French Fries Steamed Green Peas Broccoli Slaw Italian Lemon Ice
SEPTEMBER 14 Meatball Marinara Sub Vegetable Meatball Sub Buttered Egg Noodles Steamed Broccoli & Cauliflower	SEPTEMBER 15 Guacamole Day Ground Turkey Nachos Rice & Beans Cajun Style Enchilada Tofu Tomato Corn Salsa Guacamole	SEPTEMBER 16 Oven-Fried Pork Chop Yukon Mash Sauteed Spinach & Green Beans Jello Cake	SEPTEMBER 17 Cheeseburger Day Cheeseburger on Bun Veggie Burger on Bun Tater Tots Garden Vegetable Blend Creamy Greek Cucumber Salad	SEPTEMBER 18 All-Beef Hot Dog/Bun Vegetarian Sausage Parmesan Potato Wedges Roasted Carrots Fudgsicle Bar
SEPTEMBER 21 School Holiday Yom Kippur	SEPTEMBER 22 General Tso's Chicken Thigh General's Tofu Steamed White Rice Sauteed Zucchini & Squash	SEPTEMBER 23 Ice Cream Cone Day Chicken Nuggets Vegan Nuggets Crispy French Fries Green Peas Ice Cream Cones	SEPTEMBER 24 Grilled Cheese on Texas Toast Tofu Cacciatori Sweet Potato Mash Cheesy Broccoli	SEPTEMBER 25 Chicken Alfredo Fettuccine Alfredo Roasted Carrots Tomato Cucumber Salad Assorted Jello Cups
SEPTEMBER 28 BBQ Chicken Sandwich Crispy Onion Rings Steamed Broccoli BBQ Tofu Sandwich	SEPTEMBER 29 Turkey Sloppy Joes Rosemary Roasted Redskin Potatoes Roasted Carrots Black Bean Burger	SEPTEMBER 30 Philly Beef Sub Sandwich Fajita Vegetables Green Beans Vegan Chicken Nuggets Sugar Cookie	OCTOBER 1 Bowtie Pasta with Meat Sauce Pasta with Marinara Fresh Steamed Yellow Squash Tomato Cucumber Salad Garlic Breadstick	OCTOBER 2 Turkey Burger with Swiss on Brioche Garden Burger Oven-Baked Curly Fries Capri Blend Vegetables Blondie Bar

Always Offered Daily Assorted Sandwiches, Cut Fruit & Vegetables, Chicken Noodle Soup & Yogurt Cups

<https://collegiate-va.campus-dining.com/menus/>

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at
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