

Lower School
September 2025

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 6 Chicken Nuggets Mac N’ Cheese Garlicky Swiss Chard Sweet Chili Tofu	2 7 Pork Chop with Apples Mashed Potatoes Roasted Cauliflower BBQ Tofu Ice Cream Sandwich	2 8 Sloppy Joe’s French Fries Green Beans Vegetarian Sloppy Joe’s	2 9 Fish Sticks Baked Beans Carrots and Broccoli Quinoa Stuffed Mushroom Chocolate Chip Cookie
1 <u>Labor Day</u>	2 Ranch Chicken Brown Rice Bok Choy Jerk Tofu	3 All Beef Hot Dog Tater Tots Green Beans Fajita Vegetables M&M Cookie	4 Pancakes Sausage Links Oatmeal Hash Brown Patty Vegetarian Sausage Patty	5 <u>Pizza Day</u> Cheese or Pepperoni Pizza Steamed Broccoli Gluten Free Pizza Rice Krispy Treat
8 Oven Baked Chicken Tenders Red Potatoes Carrots Vegan Nuggets	9 <u>Taco Day</u> Beef Soft Taco Spanish Rice Steamed Corn Vegetable Tacos	1 0 General Tso’s Chicken Brown Rice Glazed Carrots Sesame Curry Tofu Iced Cupcakes	1 1 Grilled Turkey Melt Crinkle Fries Asparagus Veggie & Hummus Wrap	1 2 Spaghetti & Meatballs Spinach Gluten Free Pasta White Bean “Meatballs” Sugar Cookie
1 5 Breaded Chicken Patty Mashed Potatoes Broccoli Florets Vegetarian “Chicken” Patty	1 6 Grilled Cheese White Rice Swiss Chard	1 7 Popcorn Chicken Mac N’ Cheese Roasted Broccoli Vegetarian Nuggets Cinnamon Sugar Donut Holes	1 8 <u>Cheeseburger Day</u> All Beef Cheeseburger Tater Tots Green Beans Garden Burger	1 9 Roasted Turkey Breast Mashed Sweet Potatoes Peas & Carrots Balsamic Portobello Brownies
2 2 Meatball Sub Jasmine Rice Green Beans Vegetarian Meatballs	2 3 Pulled Pork BBQ Sandwich Baked Beans Kale & Spinach BBQ Tofu	2 4 <u>Ice Cream Cone Day</u> Teriyaki Chicken Egg Rolls Bok Choy Kung Pao Cauliflower Birthday Cake Ice Cream Cone	2 5 Philly Cheese Steak Wild Rice Brussel Sprouts Veggie & Hummus Wrap	2 6 Oven Baked Fish Sandwich Red Potatoes Honey Carrots Chocolate Chip Cookie

Always Offered Daily: Assorted Sandwiches, Cut Fruit & Vegetables,
Chicken Noodle Soup & Yogurt Cups

<https://collegiate-va.campus-dining.com/menus/>