

Aug/September 2026

 Try our highlighted options to “Be Well”. These items are Trans-Fat free, contain minimum added sodium, and are minimally processed

Lower School Faculty Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUGUST 31 Grilled 100% Beef Burgers Vegetarian Garden Burgers <u>Grilled Portobello Mushrooms</u> Crispy French Fries	SEPTEMBER 1 Gyro Bar <u>Grilled Chicken BW</u> Beef Gyro Meat <u>Rice with Tomato & Cilantro</u> Steamed Broccoli	SEPTEMBER 2 BBQ Pulled Pork Mac N Cheese <u>Broccoli Country Slaw</u> Cauliflower Steaks with BBQ sauce	SEPTEMBER 3 Chicken Philly Steak Sandwich <u>Roasted Redskins</u> <u>Fajita Vegetables</u> Vegetarian Chicken Philly Steak	SEPTEMBER 4 Cheese Pizza Day Assorted Pizzas <u>Italian Green Beans</u> <u>Kale Caesar Salad</u>
SEPTEMBER 7 Labor Day No School	SEPTEMBER 8 Pasta Bar House-Made Meat sauce Penne Vodka <u>Roasted Carrots</u> Garlic Breadsticks	SEPTEMBER 9 Roasted Pork Loin Rice Pilaf <u>Cauliflower & Broccoli</u> <u>Roasted Tofu Chipotle</u>	SEPTEMBER 10 Field Art Day Make your own Salad Grilled Chicken Garlic Shrimp <u>Country Roasted Sweet Potato</u> <u>Lemon Garlic Green Beans</u>	SEPTEMBER 11 Chicken Tenders with Dipping Sauces Buttered Noodles <u>Garden peas</u> Vegan Chicken Nuggets
SEPTEMBER 14 Jerk Chicken Thigh Brown Rice <u>Ratatouille</u> Jerk Tofu	SEPTEMBER 15 Guacamole Day Beef Nacho Bar Mexican Rice <u>Black Beans with Oregano</u> All the Toppings	SEPTEMBER 16 Italian Sub Sandwich Baked Zucchini Fries <u>Roasted Italian Vegetables</u> Tofu Cacciatori	SEPTEMBER 17 Cheeseburger Day Grilled Patty Melt Crispy Oven Fries <u>Steamed Carrots</u> Ancient Grains with Veggies	SEPTEMBER 18 Baked Potato Bar Baked Potatoes <u>Sweet potatoes</u> Chili/Cheese/Bacon <u>Steamed Broccoli</u>
SEPTEMBER 21 School Holiday Yom Kippur	SEPTEMBER 22 Sweet & Sour Chicken Jasmine Rice <u>Asian Vegetable Blend</u> Spring rolls <u>Sweet & Sour Tofu</u>	SEPTEMBER 23 Ice Cream Cone Day Pork Loin with Chimichurri Yukon Mash <u>Steamed Carrots & Broccoli</u> <u>Lentil Stew</u>	SEPTEMBER 24 Hot Dog & Sausage Bar Assorted Sausages Rosemary-roasted Potatoes <u>Green Beans</u> <u>Vegetarian Sausage</u>	SEPTEMBER 25 Baked Crispy Cod Sandwich Crispy Waffle Fries <u>Garden Peas</u> <u>Cauliflower Steak</u>
SEPTEMBER 28 Roasted Turkey Breast Sweet potato Mash Roasted Corn <u>Sweet Chili Tofu</u>	SEPTEMBER 29 Beef Enchilada Casserole Fiesta Rice <u>Steamed Broccoli</u> Vegetable Enchiladas <u>Chipotle Corn Salad</u>	SEPTEMBER 30 Chicken Nuggets Tater Tots <u>Vegetable Mélange</u> Vegan Chicken Nuggets	OCTOBER 1 Grilled Cheese on Texas Toast Kettle Chips <u>Roasted Carrots</u> <u>Warm Vegetable Wrap</u>	OCTOBER 2 Grilled Pork Chop <u>Parmesan Potato Wedges</u> <u>Roasted Brussel Sprouts</u> <u>Rice Stuffed Peppers</u>

<https://collegiate-va.campus-dining/menus/>

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