

Lower School  
Faculty Menu  
September 2025

MENU

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   | 2 6<br>Roasted Pork Tenderloin<br>Garlic Mashed Potatoes<br>Roasted Cauliflower<br>Cauliflower Steaks             | 2 7<br>Sliced Turkey Breast<br>Mac N’ Cheese<br>Swiss Chard<br>Tofurkey                     | 2 8<br>Burger Bar<br>French Fries<br>Green Beans<br>Garden Burger   | 2 9<br>Chicken Nuggets<br>Tater Tots<br>Garlic Spinach<br>Vegan Nuggets  |
| 1<br><u>Labor Day</u>   | 2<br>Chicken Curry Stew<br>Brown Rice<br>Bok Choy<br>Jerk Tofu  | 3<br>Braised Beef Brisket<br>Baked Beans<br>Green Beans with Olive Oil<br>Fajita Vegetables | 4<br>Hot Dog Bar<br>Baked Sweet Potatoes<br>Sauteed Zucchini<br>Vegetarian Sausages                             | 5<br><u>Pizza Day</u><br>Buffalo Chicken Pizza<br>Margherita Pizza<br>Cheese Pizza<br>Gluten Free Pizza              |
| 8<br>Balsamic Glazed Chicken<br>Oven Roasted Potatoes<br>Glazed Baby Carrots<br>Grilled Tofu              | 9<br><u>Taco Day</u><br>Taco Bar<br>Chicken / Beef / Tofu<br>Steamed Corn<br>Pinto Beans                          | 1 0<br>Italian Subs<br>French Fries<br>Sauteed Cabbage & Shallots<br>Caprese Panini         | 1 1<br>General Tso’s Chicken<br>Seasoned White Rice<br>Glazed Ginger Carrots<br>Sweet Chili Tofu                | 1 2<br>Battered Cod Sandwich<br>Lemon White Rice<br>Crispy Green Beans<br>White Bean “Meatballs”                     |
| 1 5<br>Baked Chicken Leg Quarter<br>Mashed Potatoes<br>Roasted Broccoli<br>Lentil Rice & Spinach<br>Pilaf | 1 6<br>Gyro Bar<br>Chicken / Lamb / Tofu<br>Mashed Sweet Potatoes<br>Corn with Peppers & Onions                   | 1 7<br>Chicken Tenders<br>Mac N’ Cheese<br>Asparagus<br>Plant Based Tenders                 | 1 8<br><u>Cheeseburger Day</u><br>Bacon Jack Burger<br>French Fries<br>Snow Peas<br>Southwest Vegetarian Burger | 1 9<br>Tilapia with Lemon Basil Vinaigrette<br>Jicama Slaw<br>Basmati Rice<br>Carrots & Peas<br>Balsamic Portobellas |
| 2 2<br>BBQ Pulled Pork<br>Cola Pinto Beans<br>Kale & Spinach<br>BBQ Tofu                                  | 2 3<br><u>Guacamole Day</u><br>Beef Hard Tacos<br>Jasmine Rice<br>Green Beans with Garlic<br>Vegetarian Jambalaya | 2 4<br>Herb Baked Chicken<br>Wild Rice<br>Brussel Sprouts<br>Vegetarian Stuffed Peppers     | 2 5<br>Teriyaki Chicken<br>Pork Egg Rolls<br>Bok Choy<br>Fried Rice with Egg<br>Kung Pao Cauliflower            | 2 6<br>Pasta Bar<br>Chorizo / Chicken<br>Marinara / Alfredo<br>Garlic Bread<br>Gluten Free Pasta                     |

Always Offered Daily: Vegetarian Option & Chef’s Soup of the Day

<https://collegiate-va.campus-dining.com/menus/>